

6 Tips for Maintaining Your Eyeglasses

For most people, it takes a while to find the right pair of eyeglasses. You need to decide on the frame and in a color, which best expresses your personality. Then, you would have to wait for the lenses to be fitted before you are called to come pick it up. Considering such an extended procedure, it is of utmost importance that you take proper care of your eyeglasses so they can last as long as possible. Below are six tips for protecting your eyeglasses for as long as possible and to also maintain a clear and comfortable vision.



1. Wash and dry your lenses:



It is quite easy for dust, dirt, and other irritants to settle on your eyeglass lenses,

either from your hands or from your environment. This makes washing your eyeglass very important. Before cleaning them, it is necessary that you wash your hands with soap and water, and then dry them with a clean towel. Next, place your glasses under a steady stream of warm water, gently rubbing both sides of the lenses, the arms, and the nose. Then, dry your glasses with a clean lint-free cloth.

2. Use a cleaning solution:

For hard-to-remove spots of dirt, grease, or grime, the best way to get them off is to use an eyeglass cleaning solution. All you need to do is spray the solution on the lenses and then wipe it away using a soft lint-free cloth. Many opticians will give you a lens-cleaning cloth for free.



Perhaps you live or work in an environment that causes your eyeglasses to get dirty quickly, then you can purchase an all-in-one eyeglass cleaning wipe. These would help to restore your glasses quickly and easily.

3. Store your glasses properly:



This is one of the ultimate tips for maintaining your eyeglasses. When your glasses are not on your face then they should be in the case where they came from. The harder the case, the better the protection as compared to softer cases. This is particularly important if you are fond of carrying your glasses in a bag or purse where they are likely to be moved around.

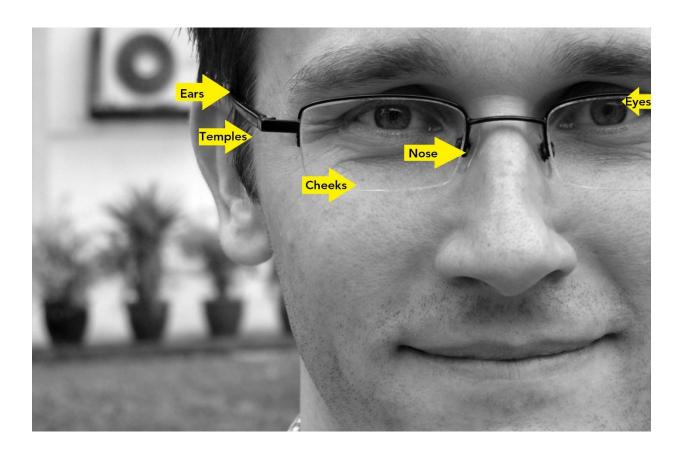
4. Let them down gently:

In situations where you are not storing your glasses in their case, then you must set them down gently on your table or desk. It is advisable that you close the frame first before laying them down. Also, set the frame-side down to prevent scratching the lenses. Do not leave your glasses on the floor and when you are in the bathroom the sink is equally not a good position for it. This leaves it exposed to sprays, spatters, and cosmetic products which may soil lenses. Equally, hairsprays and perfumes have been known to damage the anti-reflective (AR) treatments on lenses.

5. Keep your glasses on your nose, not on your head:

Prescription glasses are designed to rest on the bridge of the nose and not on the top of your head. Wrongful positioning can cause the frames to become misaligned, causing even the cleanest of lenses to become less effective when not positioned properly in front of the eyes.

Aside from the distortion of shape, this increases the risk of it falling and getting damaged.



6. Take them off using two hands:

When taking off your eyeglasses, endure the pain of using two hands instead of one. This helps to keep the earpieces straight and in proper alignment. Taking them off with one hand stretches the frame, making it lose.

